

## 2010 Public League Middle School Rules/ Instructions

Please read the rules for Phila Public League Ms games, they are also located at the following web site: [www.leaguelineup.com/philamglacrosse](http://www.leaguelineup.com/philamglacrosse)

Please be patient with the players and coaches, they are learning the game. If you have a foul, explain to the coach and player what the player did wrong, so they can learn from it.

**Payment:** Please fax in a W-9 form to Rick Howard, fax # 215-400-4191. Please include your phone # and email on the cover sheet of the fax. Rick will then confirm with you if he received it or not. Fee is \$40 per game.

### **Time Factors:**

- Games will be four 8 minute running qtrs. Clock is stop time for the last 2 minutes of the game.
- Halftime will be 5 minutes
- Game clock and penalty clocks will be kept at the table, if there is no clock at the table, then the officials will keep both game and penalty clocks on the field.

### **Equipment:**

- all players are required to be properly equipped, including the goalkeeper who is required to have a chest protector and throat protector

## **Substitution:**

- No horns when ball goes out of bounds on side line or end lines
- Regular substitutions are permitted when a goal is scored or when a time serving penalty is assessed
- All other subs are done on the fly

## **Time Outs**

- Each team is allowed one time out per game
- Clock stops on Time outs
- Timeouts can't be called in the last 3 min of the game

## **Penalties**

- all penalties will be running time
- penalty time stops during time outs

## **Tie Game**

- If the score is tied after regulation play, one 4 minute Overtime period will be played
- Overtime will be 10 vs 10.

## **Mercy Rule**

- If one team is ahead by 4 goals or more, after a goal is scored, there will be no face off, with the team that is trailing to get the ball at mid field