

## **RULE 1**

### **SECTION 10 PROHIBITED EQUIPMENT AND RELATED ITEMS**

**ART. 1 . . .** No player shall participate while wearing illegal equipment. Such equipment shall always include but is not limited to:

- a. Jewelry  
Note: Medical-alert medals are not considered jewelry. The alert must be taped to the body and may be visible. Religious medals are not considered jewelry. They must be worn under the uniform and taped to the body.
- b. Items that, in the opinion of the officials, endanger that individual or other players. Any hard substance in its final form (including but not limited to leather, rubber, plastic, plaster or fiberglass) worn on the hand, wrist, forearm or elbow, is prohibited unless it is necessary to protect an injury. If worn, it shall be directed in writing by a licensed medical physician (M.D./D.O.) and it shall be covered on all exposed surfaces with no less than ½ inch thick, high-density, closed-cell polyurethane or an alternate material of the same minimum thickness and with similar physical properties.
- c. Electronic Communication equipment of any kind.
- d. Equipment worn by the goalkeeper that exceeds the normal equipment worn by field players except for a chest protector, throat protector or shin guards.
- e. Ice hockey goalkeeper's gloves.
- f. Football shoulder pads or football helmets.
- g. Any item that obscures the view of the uniform numbers both front and back.

**ART. 2 . . .** Team personnel shall not use electronic equipment including but not limited to computers, film, television or video tape or any type of still or moving pictures during the game or between periods.

**ART. 3 . . .** Players shall not use headsets or phones for coaching purposes during the game or between periods.

## **RULE 4 SECTION 6 ARTICLE 3**

- c. When a loose ball goes out of bounds as a result of a shot or deflected shot at the goal, it shall be awarded to the team that had an inbounds player's body nearest to the ball when it became an out-of-bounds ball, at the point where it was declared out of bounds. If two inbound players of opposite teams are equidistant from the ball when it goes out of bounds, play shall resume according to the alternate-possession rule. In determining which player is nearest, the ball is considered out of bounds when it crosses the **plane** of the endline or sideline.

Note: For the purpose of this rule, the stick is not considered a part of a player's body.